



A Native American grandfather talks to his young grandson. He tells the boy that he has two wolves inside of him, struggling with each other.

The first is the wolf of peace, love and kindness. The second is the one of fear, greed and hatred.

"Which wolf will win, Grandfather?" asked the young boy.

Grandfather replies,
"The one I feed."



Keranamu Malaysia

Peace Prayer

By St. Francis of Assisi

RAYMA NOTHING'S
IMPOSSIBLE!

Lord, make me an instrument
of your **peace.**

Where there is hatred,
let me **sow love;**

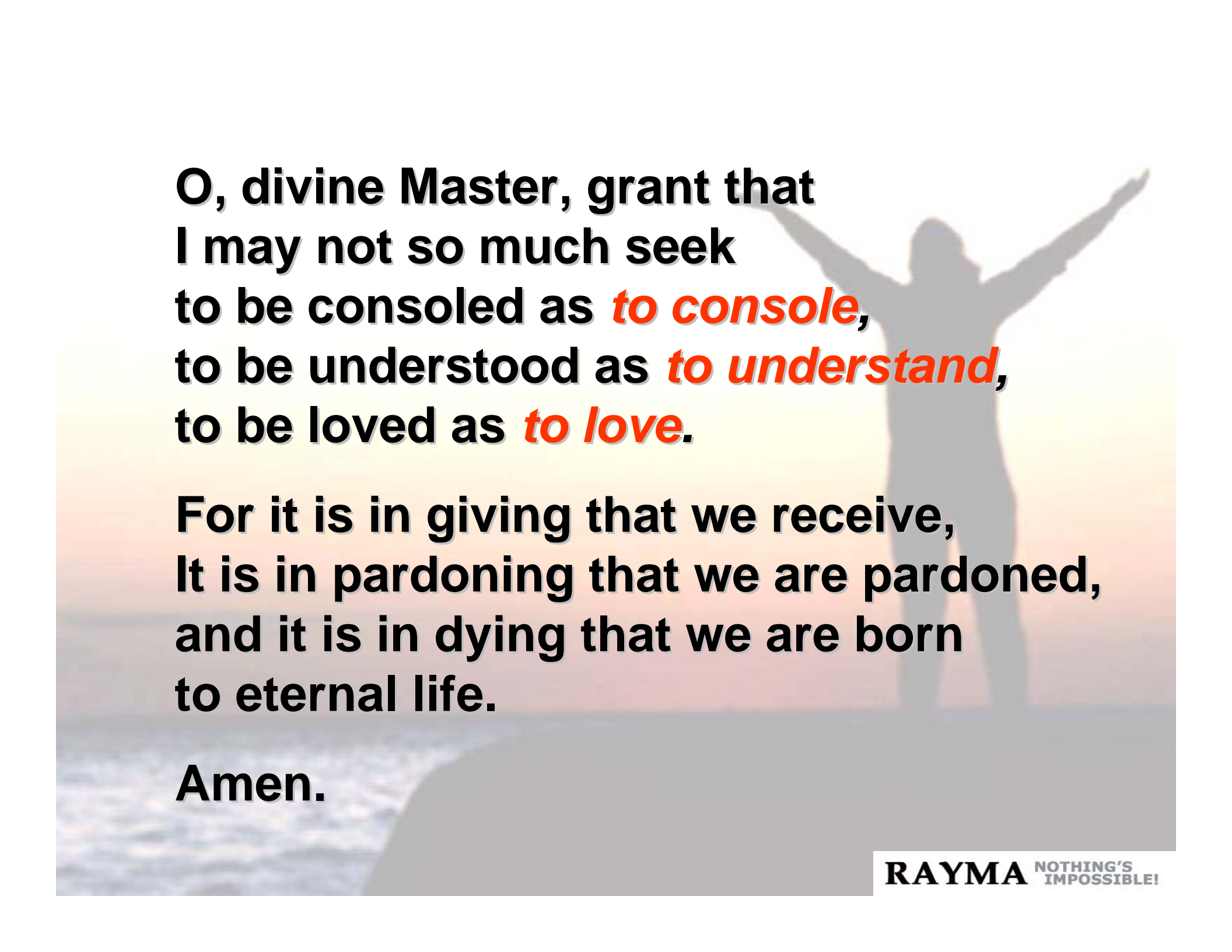
Where there is injury, **pardon;**

Where there is doubt, **faith;**

Where there is despair, **hope;**

Where there is darkness, **light;**

Where there is sadness, **joy;**



O, divine Master, grant that
I may not so much seek
to be consoled as *to console*,
to be understood as *to understand*,
to be loved as *to love*.

For it is in giving that we receive,
It is in pardoning that we are pardoned,
and it is in dying that we are born
to eternal life.

Amen.